

HILLTOPS

Date 31st Aug, 21st Sep, 12th Oct, 2nd Nov, 23rd Nov,
14th Dec, 4th Jan, 25th Jan, 15th Feb

WEEK 1

MONDAY

Handmade Margherita pizza with Herby wedges (GL,MI)
Vegetable Frittata with Herby Wedges (EG,MI)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

TUESDAY

Chicken Meatballs with Tomato & Basil Sauce & Rice
Vegetable Biryani (GL) with carrot & Raisin Salad
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

WEDNESDAY

Roast Gammon with Potatoes & Gravy (SU)
Roasted Vegetable Loaf with Potatoes & Gravy (GL,SU)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

THURSDAY

Beef Lasagne (GL,EG,MI)
Vegetable Lasagne (GL,EG,MI)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

FRIDAY

Breaded Fish fingers with Chips & Beans (GL,FI)
Veggie fingers with Chips & Beans (GL)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO) Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Spiced Banana Bread & Custard (GL,MI) or Fresh Fruit

Date 7th Sep, 28th Sep, 19th Oct, 9th Nov,
30th Nov, 21st Dec, 11th Jan, 1st Feb, 22nd Feb

WEEK 2

Classic Mac n cheese (GL,MI)
Cheesy Baked Bean Quesadilla (GL,MI)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

Mild Sweet chilli beef & Golden Rice Wrap (GL)
Mild Sweet Chilli Vegetable & Golden Rice Wrap (GL)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

Roast Chicken Breast with Potatoes & Gravy (SU)
Squash & Sweet potato wellington with Potatoes & Gravy (GL,SU)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

Creamy Salmon Tortellini (GL,MI,FI)
Handmade Margherita Pizza with Parika Wedges (GL,MI)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

Crispy Chicken Nugget with Chips & Beans (GL)
Crispy Vegan nuggets with Chips & Beans (GL)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches- Ham (GL,SO) Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Lemon Drizzle Cake (GL) or Fresh Fruit

Date 14th Sep, 5th Oct, 26th Oct, 16th Nov
7th Dec, 28th Dec, 18th Jan, 8th Feb

WEEK 3

Handmade Margherita pizza with Seasoned Wedges (GL,MI)
Pasta Primavera (GL,MI)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

Gentle Chicken Korma with Steamed rice
Gentle Vegetable Dahl (GL) with Steamed rice
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

Sausage & Mash with Gravy (GL,MI)
Vegetarian Sausage & Mash with Gravy (GL,MI)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

The Pantry's Special Beef Bolognaise Pasta bake (GL)
The Pantry's Special Vegetable Bolognaise bake (GL)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Fresh Fruit

Oven baked battered fish with Chips & Beans (GL,FI)
Handmade Cheese & Onion Pasty with Chips & Beans (GL,MI)
Tomato Pasta (GL)
Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)
Sandwiches- Ham (GL,SO) Cheese (GL,MI,SO) or Tuna (GL,SO,FI)
Iced Sprinkle Sponge (GL) or Fresh Fruit

VEGETABLES, SALAD, BREAD, AVAILABLE DAILY

BREAD CONTAINS – GL – MI – EG – SO

ALLERGY KEY
CELERY – CE / GLUTEN – GL / CRUSTACEANS – CR / EGGS – EG / FISH – FI / LUPIN – LU / MILK – MI
MOLLUSCS – MO / MUSTARD – MU / NUTS – NU / PEANUTS – PE / SESAME SEEDS – SE SOYA – SO / SULPHUR – SU

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

The Pantry